

Screening, Brief Intervention, and Referral to Treatment (SBIRT) Training

Sponsored By: California Department of Health Care Services (DHCS), Pacific Southwest Addiction Technology Transfer Center, and UCLA Integrated Substance Abuse Programs

Hosted by: The Coalition Connection

Description and Learning Objectives

Screening, brief intervention, and referral to treatment are effective in a variety of settings. It has been proven particularly effective in hospital emergency departments and trauma centers with individuals with alcohol-related injuries. SBIRT has also been shown to be effective in primary care settings, where it is incorporated into other routine medical assessments such as measuring blood pressure. This training focuses on screening procedures to identify risk; key motivational interviewing concepts and principles that are tied to effective use of the FLO (Feedback; Listen and Understand; Options Explored) brief intervention; and referral to treatment for patients with more serious substance use-related problems. At the conclusion of this activity, participants should be able to: (1) Describe the background and rationale for conducting SBIRT in a variety of health settings; (2) Explain how to utilize screening procedures to identify patients engaged in at-risk substance use behaviors; and (3) Demonstrate a three-step motivational interviewing-based brief intervention strategy to motivate patients to change their at-risk behavior and/or seek treatment. Special considerations when working with adolescents will also be discussed.

Continuing Education

This training meets the qualifications for the provision of four (4.0) continuing education credits/contact hours (CEs/CEHs).



UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists.

UCLA ISAP maintains responsibility for this program and its content. UCLA ISAP is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs (Provider #64812). UCLA ISAP maintains responsibility for this program/course and its content. Course meets the qualifications for four (4) hours of continuing education credits for LMFTs, LCSWs, LPCCS, and LEPs as required by the California Board of Behavioral Sciences. UCLA ISAP is also an approved provider of continuing education for RADTs I/II, CADCS-CASs, CADCs I/II, CADCS-CSs, and LAADCs (CCAPP, #2N-00-445-1119), CATCs (ACCBC/CAADE, #CP 20 872 C 0819), and CAODCs (CADTP, #151). Provider approved by the California Board of Registered Nursing, Provider #15455, for 4 contact hours. The Morehouse School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The Morehouse School of Medicine designates this live activity for a maximum of 4.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

CE credit will be awarded at the conclusion of the training. Partial credit will not be available for those participants who arrive late or leave early. Instructions for Filing a Grievance Concerning UCLA ISAP's Continuing Education Program: Please contact Dr. Thomas E. Freese, CE Program Administrator, in writing (UCLA ISAP, 11075 Santa Monica Boulevard, Suite 200, Los Angeles, CA 90025) or by phone (310-267-5397).

This training was approved by the California Department of Health Care Services, and fulfills the 4-hour SBIRT training requirement noted in the All Plan Letter dated February 10, 2014 (APL 14-004).

Date & Location

Tuesday, April 30, 2019

8:30 am – 1:00 pm

(Registration starts at 8:00am)

Central Marin Police Authority

250 Doherty Drive, Larkspur, CA 94939

Training is free! Sign up online today:

http://bit.ly/sbirt_430

Password: SBIRT

Lunch will be provided.

Trainer: James A. Peck, PsyD

Cancellation Policy: Notice of cancellation must be made at least 72 hours in advance of the training by contacting Victoria Norith by phone (310-267-5408) or email (vnorith@mednet.ucla.edu). Contact Linda Henn (linda@thecoalitionconnection.com) for other questions.

If you need a disability-related reasonable accommodation/alternative format for this event, please contact Brandy Oeser at (310) 267-5331, boeser@mednet.ucla.edu by April